

EAT. DRINK. SOCIALIZE.

METLIFE MARKETPLACE

Breakfast Monday – Friday 7:30 am – 9:30 am

Lunch Monday – Friday 11:30 am – 2:00 pm

WEEK OF MARCH 31st



RISE & SHINE

BREAKFAST SPECIALS

Monday: zo'jangles crispy chicken biscuit with roost sauce & american cheese	3.25
Tuesday: avocado toast on wheat bread with bacon, buttered peas, roasted asparagus, and radish	3.25
Wednesday: zo'jangles crispy chicken biscuit with roost sauce & american cheese	3.25
Thursday: avocado toast on wheat bread with bacon, buttered peas, roasted asparagus, and radish	3.25

Mon

Flame Grill: chicken & mushroom quesadilla with chipotle crema, avocado ranch, cheddar cheese, and cilantro	6.40
Kitchen & Co.: marinated grilled flank steak with horseradish cream sauce, maple balsamic roasted tofu, butterbean succotash, steamed asparagus, roasted pepper polenta, spinach & strawberry salad	\$.50/oz
Build a Better Bowl: create your own wellness bowl with herb grilled chicken or crispy soy nuggets, brown rice or quinoa, assorted vegetables & sauces	8.95

Tues

Flame Grill: bayou burning love burger with salsa roja, spicy mayo, lettuce, tomato, jalapeno, and pepperjack on brioche	6.40
Kitchen & Co.: herb roasted turkey, plant-based meatloaf, vegetarian gravy, garlic mash potatoes, honey mustard & dill carrots, roasted brussels, cucumber & kale grain salad	\$.50/oz
Chef's Table: maryland style crab cake over spring risotto with mushrooms, english peas, & asparagus, topped with a fennel & arugula salad	11.00

Wed

Flame Grill: chicken & mushroom quesadilla with chipotle crema, avocado ranch, cheddar cheese, and cilantro	6.40
Kitchen & Co.: fire braised chicken breast, st. louis pork ribs, bbq roasted tofu, roasted broccoli & cauliflower, spinach & cheese stuffed zucchini, wild rice medley	\$.50/oz
Street Eats: create your own naanwhich with choice of crispy chicken, or roasted vegetable topped with assorted spreads, assorted fresh and pickled vegetables, served with Indian street corn salad and loaded curry sweet potato fries	8.95

Thurs

Flame Grill: bayou burning love burger with salsa roja, spicy mayo, lettuce, tomato, jalapeno, and pepperjack on brioche	6.40
Fish & Shop: beer battered cod or crispy shrimp with tartar and remoulade, fries, coleslaw, southern style bacon green beans	\$.50/oz
Revolution Noodle-Ramen: choice of chicken miso ramen, tonkatsu pork belly ramen, or shoyu mushroom ramen	10.00

Fri

Kitchen & Co.: chef's selection	\$.50/oz
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WEEKLY FEATURES

ITEMS AVAILABLE ALL WEEK

PICCOLA ITALIA

cheese flatbread	4.75
meat flatbread	5.25
veggie flatbread	5.55
tuscan kale caesar pizza salad on hand stretched dough	5.55
cauliflower crust margherita pizza	5.55

BUTCHER & BAKER

artichoke & avocado chicken sandwich with lettuce, tomato, salsa, & pepperjack on telera	6.40
ham & watercress club with bacon, tomato, cheddar, & mayo on focaccia	6.40
baharat carrot, eggplant, spinach, & hummus flatbread wrap with pickled red onions, and garlic mayo	6.40



MET CAFÉ

Download and order with the app today!

SOUPS

MONDAY

lemon chicken orzo	12 oz 3.30	16 oz 4.40
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TUESDAY

wicked thai chicken and rice	12 oz 3.30	16 oz 4.40
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WEDNESDAY

broccoli cheddar	12 oz 3.30	16 oz 4.40
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THURSDAY

chicken noodle	12 oz 3.30	16 oz 4.40
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